

CONTENT

- **A Retrospective Study on Type-II Diabetes Mellitus in a Multispeciality Hospital: Management Strategies and Complication Assessment**
Sunny Dhiman, Harsh Kamal Singh, Peeyush Kaushik, Saurabh Sharma, Dev Prakash Dahiya 1
- **Effect of Structured Teaching Programme on Knowledge and Attitude regarding Emergency Contraception among married women in selected areas of Alapuzha District**
Thanuja Ann Varghese 6
- **Stress and Coping Strategies among nursing students in Western Uttar Pradesh India: A Descriptive Study**
Surat Ram Kudi, Balamani S Bose, Taniya, Neha, Amisha Saini, Kusum Lata 13
- **To assess the effect of Planned Teaching Programme on Knowledge regarding the End-Tidal Carbon Dioxide Monitoring among the student nurses from a selected college in Mumbai**
Sr. Sholly. CK 20
- **A Study to Evaluate the Effectiveness of Planned Teaching Programme on Substance Abuse and its Consequences among the Adolescent in selected schools of Bhuj-Kutch**
Puneet Gangawat, Pooja Dhanani, Ahir Shanu Punjabhai, Khatri Sahil Abdulkadar, Parmar Akshay Rasikbhai, Parmar Bansi Shashikantbhai, Parmar Urmila Arvindbhai, Sama Shirin Abdulwahab, Sharma Krishna Pankaj, Solanki Falguni Jayntilal 25
- **Effectiveness of Structured Teaching Programme on Knowledge regarding Management of Modifiable Risk Factors of Coronary Artery Disease among patient's newly diagnosed with Diabetes Mellitus in a selected out patient Department of NRI General Hospital, Chinakakani, Guntur (Dist), Andhra Pradesh**
Rajamgari Teja, N. Priya Darshini, N. Usha Rani 28
- **A Study to Assess the Knowledge, Attitude and Prevalence of Risk Factors on Breast Cancer among women (20 – 50 Years) at Ourlady of Health Hospital, Thanjavur District**
K. Florina, P. Jothika, L. Sara Arul Rani, H. Sneha, J. Sujitha, G. Grace Jebakani Sweety, P. Sahayamary 33
- **A Correlational Study on Smartphone Usage, Level of Stress and Quality Of Sleep Among Nursing Students Studying In Selected Nursing Colleges of District Mohali, Punjab**
Owais Aman Bhat, Sonali 38
- **A Study to Assess the Effectiveness of Information Education Communication package on Knowledge regarding early detection and Prevention of Polycystic Ovarian Syndrome among adolescent girls in a selected college at Kolar Gold Fields, Karnataka**
Jhansi Rani. R, Indira Joseph 45
- **Correlating the Effect of Bullying behavior on Self-Esteem among Higher Secondary School Students in selected school, Salem**
Guna Priya. G, Hemalatha. T 50
- **Ocular Exercise on Computer Vision Syndrome**
Sahaya Hestrin. S, Angel Priya. T, Celin Rebecca. V, Joshia Mancy. M, Pradeep Kumar. M, Prince. J, Ramya. S, Rithu Francis. F, Saranya Manju. C 54
- **Broken Heart Syndrome**
Shital Kiran Bhalerao 58
- **Instruction to authors** 62